

# First Aid Awareness

First Aid Courses

## Who is this course aimed at?

This course is aimed at people who need to learn basic first aid skills

## Course Aims

To give an understanding of Basic First Aid

## Learning Outcomes

- Understand the role of a First Aider
- Know the relevant legislation
- Understand the required documentation
- Be aware of DNACPR forms
- Know what a First Aid Kit should contain
- Know how to conduct a Primary Survey
- Know how to perform CPR
- Know how to deal with breathing casualties
- Know how to put a casualty into the Recovery Position
- Know how to deal with typical First Aid situations

## Course available as

### Face to Face

**Course Length:** 3 Hours

## Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578