

First Aid Awareness

First Aid Courses

Who is this course aimed at?

This course is aimed at people who need to learn basic first aid skills

Course Aims

To give an understanding of Basic First Aid

Learning Outcomes

- Understand the role of a First Aider
- Know the relevant legislation
- Understand the required documentation
- Be aware of DNACPR forms
- Know what a First Aid Kit should contain
- Know how to conduct a Primary Survey
- Know how to perform CPR
- Know how to deal with breathing casualties
- Know how to put a casualty into the Recovery Position
- Know how to deal with typical First Aid situations

Course available as

Face to Face

Course Length: 3 Hours

Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578