

# **Bowel Care and Colostomy**

Nursing

### Who is this course aimed at?

This course is aimed at anyone involved in the care of those who have undergone colostomy surgery

#### **Course Aims**

To be able to care for those who have undergone colostomy surgery

## **Learning Outcomes**

- Know what colostomy surgery is
- Be aware of the indications for the procedure
- Recognise the different types of colostomy
- Know how to care for people immediately post-surgery
- Know how to replace a colostomy bag
- Understand how to irrigate a stoma
- Recognise the nutritional needs of those with stomas
- Be aware of the medication needs of those with stomas
- Know how to care for the stoma site
- Understand how colostomy surgery can affect mental health
- Be aware of common complications of colostomy surgery

### Course available as

## **Face to Face**

Course Length: 3 Hours

## **Contact Us**

For more information, or to book any of our courses, please contact us on 01706 375578