

# Autism Awareness

Specialist

## Who is this course aimed at?

This course is aimed at anyone involved in caring for people with autism

## Course Aims

To be able to recognise autistic traits in a person, meet their communication needs and understand when and how to implement adjustments in a Person-Centred way.

## Learning Outcomes

- Recognise that Autism is a type of neurodiversity
- Know that Autism is a spectrum disorder
- Understand that some autistic people will also be diagnosed with other neurodivergent disorders
- Be aware of the history of Autism
- Recognise that autistic people have strengths and abilities
- Know that some people have misconceptions relating to Autism
- Understand that every autistic person's spectrum is unique
- Know the three areas of difference
- Understand that autistic people face challenges with social communication, interaction and imagination
- Know that autistic people will have repetitive, restrictive and self-regulating behaviours
- Recognise that autistic people will have differences in sensory processing
- Understand that an autistic person's senses may get overloaded
- Know that alternative methods of communication may be necessary to meet an autistic person's needs
- Be aware of signs that may indicate that a child is autistic
- Recognise the importance of an adult getting an autism diagnosis
- Know ways to support an autistic person and their family

## Course available as

**E-Learning**

**Course Length:** 60

**Face to Face**

**Course Length:** 3 Hours

**Contact Us**

For more information, or to book any of our courses, please contact us on 01706 375578