

Positive Behaviour Support (PBS)

Behaviour

Who is this course aimed at?

This course is aimed at anyone involved in Positive Behaviour Support

Course Aims

To be able to identify and de-escalate behaviour of concern safely and effectively using positive behaviour support techniques.

Learning Outcomes

By the end of this course, you will:

- Understand what Positive Behaviour Support is.
- Understand what a Behaviour of Concern is.
- Be able to recognise the different types of Behaviour of Concern.
- Be able to identify common triggers.
- Be able to identify causes and underlying factors.
- Understand the difference between common triggers and causes.
- Be able to identify signs of escalation.
- Know how to assess a situation that may lead to a Behaviour of Concern.
- Understand the importance of de-escalating yourself and how this can be done.
- Understand what is meant by Positive de-escalation.
- Know where to find distraction techniques and when it is appropriate to use them.
- Be able to read body language.
- Understand how to use your listening skills.
- Understand the importance and what is required in a handover.

Course available as

E-Learning

Course Length: 45 Mins

Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578