

# **Lone Working**

Mental Health

## Who is this course aimed at?

This course is aimed at individuals working in care who often work alone for long periods of time.

## **Course Aims**

To be able to work alone and identify the various risks associated with Lone Working

## **Learning Outcomes**

- Understand what Lone Working is
- Know the qualities of a Lone Worker
- Understand why not everyone wants to work on their own
- Be aware of the health and safety risks associated with Lone Working
- Be aware of the risks associated with allegations
- Understand the importance of keeping good quality daily records of all actions and activities
- Be able to recognise the environmental and equipment risks
- Understand what is needed for effective two way communication with managers and colleagues
- Understand the roles and responsibilities of employers and employees

## Course available as

## **E-Learning**

Course Length: 15 Mins

## **Contact Us**

For more information, or to book any of our courses, please contact us on 01706 375578