

# Summary of Diabetes Tests

Test Name	Fasting Required?	When to Test	Pre-Test Required?	Before or After Food?	Minimum Result for Diabetes
Fasting Blood Glucose Test (FBG)	<b>YES</b> For at least 8 hours	Next Day	<b>NO</b>	Before	7.0 mmol/L
Oral Glucose Tolerance Test	<b>YES</b> For at least 8 hours	Next Day	<b>YES</b>	After (Wait Two Hours)	11.1 mmol/L
Emergency Blood Test	<b>NO</b>	Immediately	N/A	N/A	11.1 mmol/L
HBA1c	<b>NO</b>	Planned Test	<b>NO</b>	N/A	48 mmol/L
Urine Sample	<b>NO</b>	Immediately	N/A	N/A	Colour Change on Strip